

Littledean Church of England Primary School

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People with time for Children

6th June 2017

Dear Parents/Guardians,

In light of the terrible attacks in London and Manchester during half term, it is important that we help children understand what has happened and talk to them about it. I'm sure that many of our children have been exposed to news in many ways and what they see can worry them. The questions that children have can be difficult to have however the NSPCC has some great advice for parents and children. They suggest that we should:

- Model good coping skills
- Listen carefully to your child's fears and worries
- Reassure them
- Help them seek advice and support (NSPCC website)
- Limit what they see on TV and hear on the radio (not exposing children to the details) – It is suggested that children aged 6 and under do not watch the news as they can interpret events as happening again rather than understanding that events are being revisited.

For more information on how to support children who are worried about terrorism, please visit the link below.
<https://www.nspcc.org.uk/what-we-do/news-opinion/supporting-children-worried-about-terrorism/>

There is also support for children (suitable for KS2) if you visit the following link:
<https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/>

I hope this helps support you in any conversations you have with your children.

Miss Haile

Head teacher: Mrs Hayley McGoldrick