

# Level 1 & 2 Bikeability Summer Holidays Courses Skillzone, Gloucester - August 2024

Dear Parents / Carers,

Gloucestershire County Council is running combined Level 1 & Level 2 Bikeability courses at **Skillzone**, (Tuffley Lane, Gloucester, GL4 0AS) during **W/C 5<sup>th</sup> August and W/C 12<sup>th</sup> August 2024**.

Courses are delivered by fully qualified, experienced, DBS checked and First Aid trained instructors in small groups, with a ratio of 1 instructor to 3 children. The cost of the course is **£5**.

For more information on what the course covers, please follow this link

<https://www.bikeability.org.uk/get-cycling/cycle-training-for-children/bikeability-level-2/> .

Due to demands of cycling in a group on the road, courses are for children aged 9 and over (up to 13).

To complete the course, children need to attend 2 x 2 hour sessions, at the same time on consecutive days.

## HOW TO BOOK

To secure a place, please complete this form and the consent slip at the bottom of the document and return it by email to [thinktravel@gloucestershire.gov.uk](mailto:thinktravel@gloucestershire.gov.uk) . *Payment details will be sent once the booking has been confirmed.*

<b><u>Name of child/children</u></b>	
<b><u>Date of Birth</u></b>	
<b><u>Address</u></b>	
<b><u>Contact phone number</u></b>	

Please tick or highlight below which course you would like your child/children to attend (*participants need to attend 2 x 2 hour sessions at the same time on consecutive days e.g. the 10am to 12pm session on Monday 5<sup>th</sup> August and also the 10am to 12pm session on Tuesday 6<sup>th</sup> August*).

### Monday 5th August & Tuesday 6th August 2024

10am to 12pm ☐

### Monday 5th August & Tuesday 6th August 2024

12:45pm to 2:45pm ☐

### Wednesday 7th August & Thursday 8th August 2024

10am to 12pm ☐

### Wednesday 7th August & Thursday 8th August 2024

12:45pm to 2:45pm ☐

**Monday 12th August & Tuesday 13<sup>th</sup> August 2024**

10am to 12pm ☐

**Monday 12th August & Tuesday 13<sup>th</sup> August 2024**

12:45pm to 2:45pm ☐

**Wednesday 14th August & Thursday 15<sup>th</sup> August 2024**

10am to 12pm ☐

**Wednesday 14th August & Thursday 15<sup>th</sup> August 2024**

12:45pm to 2:45pm ☐

**Please Bring to both sessions**

A roadworthy bike (see ABC checklist - see below)

A bike helmet

Suitable clothing for the weather conditions (sun or rain)

Water bottle

Snack (if required)

Sturdy footwear suitable for cycling e.g. trainers – no flipflops or shoes that slip off easily.

**Important - Pre-Course Bike Safety Check**

Before bringing your child's bike to the course please check the following ...

**Remember your...**

**A**

**Air**

**B**

**Brakes**

**C**

**Chain**

**before every ride**



## Parent / Guardian Consent Form

Please read the following information before completing and returning with the rest of the form to [thinktravel@gloucestershire.gov.uk](mailto:thinktravel@gloucestershire.gov.uk).



### I understand that (please tick):

- ☐ I agree to my son/daughter taking part in cycle training.
- ☐ My son/daughter can already ride a bike (you child will be unable to do L2 Bikeability if they cannot ride a bike).
- ☐ The instructors may refuse to train my child if they deem his/her cycle to be un-roadworthy.
- ☐ It remains my responsibility to ensure my child does not ride an un-roadworthy bike and if I am in doubt as to whether a cycle is roadworthy I should seek the advice of a professional mechanic.
- ☐ Instructors may at any time refuse to continue to train my child if his/her behaviour or cycling ability is deemed unsuitable.
- ☐ Gloucestershire County Council will not be responsible for any injury or liable for any loss or damage to participant's cycles and other belongings.
- ☐ It is recommended that trainees wear a helmet and it may be a requirement of the school.
- ☐ I agree to encourage my child to practice between each session and after the completion of training.
- ☐ I consent to the Bikeability instructor 'adjusting' my child's helmet if required, however I confirm they are not responsible for the physical condition or appropriate fitting of the helmet.
- ☐ I consent to qualified instructors administering first aid to my child if required.
- ☐ I understand that pupil data collected will be used to support the delivery and monitoring of training sessions/courses.
- ☐ I understand that aggregated and anonymised data will be shared with the Department of Transport for monitoring purposes.

Please see <https://www.gloucestershire.gov.uk/council-and-democracy/data-protection/service-specific-privacy-notice/> for further details about how we use and share your and your child's data.

Full Name of Child / Children:	
Are there any medical/ educational needs we need to be aware of?	

If you are happy for your child to be photographed and/or filmed to help promote Bikeability via GCC social media, website, press, promotional materials, documents and reports, printed or digital, please tick here. ☐

I confirm that I have read all the information enclosed in the 'Parental Consent Form' and consent to my child (or the above child for whom I take responsibility) to take cycling lessons and related activities, which may include cycle maintenance as well as riding on the public highway. I understand that this information is retained by Gloucestershire County Council and used to ensure my child is eligible to undertake Bikeability training.

Signed (parent/guardian) :	
Date:	

### Privacy Information

Any information you provide will be treated as confidential and in accordance with UK data protection legislation. We will keep and use your information for booking, organising and conducting road safety cycle training as part of the Bikeability Scheme. With your full consent, we may also photograph and/or film your child taking part in the scheme to help promote Bikeability. The information provided may also be shared with the Department for Transport, and be used for the wider purpose of providing statistical data used to assist with monitoring provision and applying for funding where relevant. Any information provided will not be shared with or passed on to any other third party. For full information on how we use your and your child's information, and how to exercise your rights under the Data Protection Act, please visit <https://www.gloucestershire.gov.uk/council-and-democracy/data-protection/service-specific-privacy-notice/>.

Training is delivered by **Gloucestershire County Council**, Shire Hall, Gloucester, GL1 2TH  
[thinktravel@gloucestershire.gov.uk](mailto:thinktravel@gloucestershire.gov.uk)

Once completed, please return the form by email to [thinktravel@gloucestershire.gov.uk](mailto:thinktravel@gloucestershire.gov.uk) .