



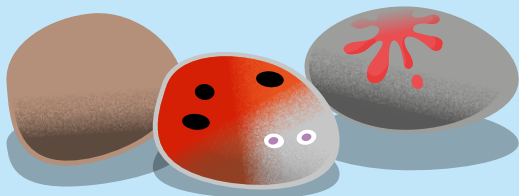
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01



Paint stones

Collect a nice, flat stone from outside and paint it to create your favourite creature!



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02



Map your local wildlife

*Draw a map of the wildlife around
your school or home.*



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Listen to wild sounds

*Search the internet for common UK
wildlife calls – think foxes screeching,
seal pups moaning and owls hooting.*

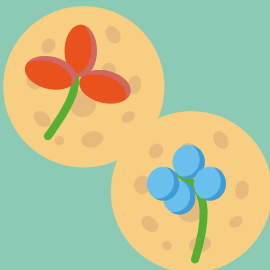


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Bake for nature

*Bake a batch of hedgehog cupcakes or
ice wildflower patterns on biscuits.*



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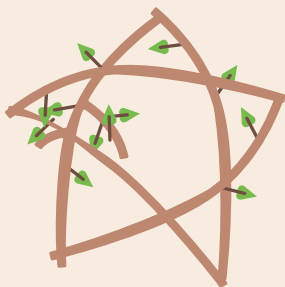
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Make a wild sculpture

Using natural materials you find outside, craft a wild sculpture.



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Become a bee champion

Learn why bees are so important to us and how we can help protect them.



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Press petals

Find petals that have already fallen from their flower, place them in the pages of a heavy book and close it. Check back a few weeks later for beautiful dried and pressed petals.

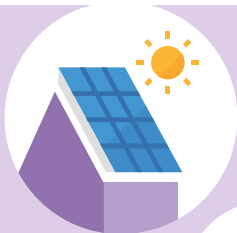


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Calculate your carbon footprint

*Think of all the things your school may do that harms
the environment and make a plan to reduce them.*



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Take a sensory walk

*Make it a mission to find one thing in nature
you can see, hear, touch, and smell.*



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Watch a wild webcam

*There's a big wild world out there!
Head to wildlifetrusts.org/webcams
to discover secret worlds.*

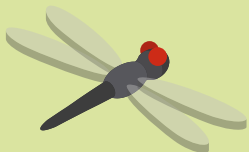


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Make a mini pond

*Repurpose an old washing-up bowl or similar to create
a vital habitat for frogs, dragonflies and more.*



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Hug a tree

*Trees give us clean air and store carbon,
helping with climate change – we need
to remember to love them back!*

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Draw a feather

Find and draw an intricate bird feather.



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Scavenger hunt

Create a list of things you want to find on a scavenger hunt and head out for an hour to see how much you can cross off.



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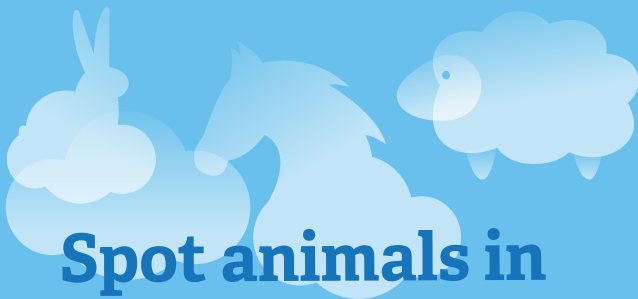


Go on a litter pick

*Tidy up your school or local area by heading
out on a litter-picking adventure.
Remember to wear gloves!*



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Spot animals in the clouds

*Cloud gazing is a simple yet entertaining activity
but get comfy because you can do it for hours!*



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Have a picnic

Enjoy a meal outdoors.



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Sow a seed

Plant a herb, vegetable or wildflower and check back regularly to watch its progress.



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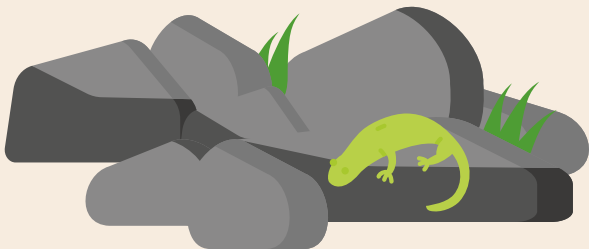
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Make a reptile rockery

Learn about UK lizards whilst helping them out by building their very own hiding place and basking spot.

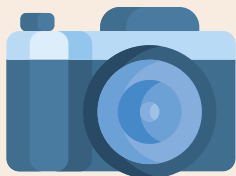


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Snap a wild photo

*Head out with a camera or phone to take
a photo of something in nature.*



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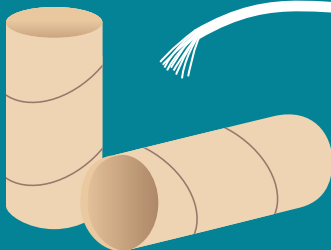


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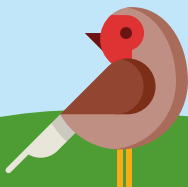
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Make your own binoculars

*All you need to become a wildlife adventurer
is two kitchen roll tubes and some string!*



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Get into birdwatching

Spend half an hour watching birds in the play area, garden or park. See how many you can identify from their looks or songs.

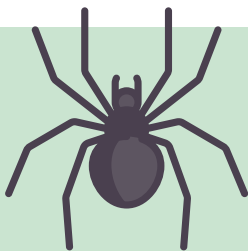


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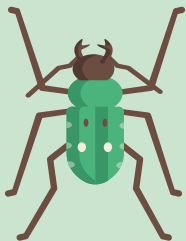
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We're going on a bug hunt

*Search for a spider, look for a ladybird
and track down a tiger beetle.*



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Outdoor yoga or meditation

*Take ten minutes of mindfulness in nature –
breathing exercises are encouraged!*

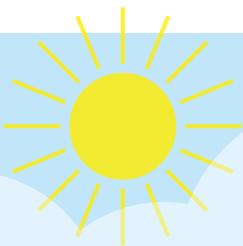


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Read a book in the grass

*Read a chapter of a good book whilst
enjoying being out in nature.*



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Play an outdoor game

*Think stuck in the mud, hide and seek
or even a game of rounders.*



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Draw a UK sea creature

Crabs, seals, whales and dolphins – sketch your favourite animal found in UK seas.



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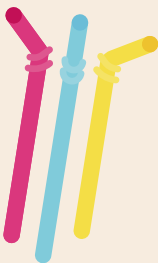
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Do a lunchtime packaging survey

*How much plastic is there in your lunchbox?
Do you know what you can recycle?*

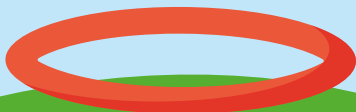


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Survey like a scientist

*Drop a hula hoop on a patch of grass
and count how many species of
plants and insects you find.*



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Dance in a downpour

*No sunshine? No problem! Splash in a puddle
and shake your hips in a rain shower.*



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