

Sensory Needs and Behaviours: Strategies for Everyday Success

When: 6th of May at 1pm

Duration: Approximately 60 minutes



All children make sense of the world through their senses. For many, this happens fairly smoothly - they might notice when a place feels crowded or noisy, or when a piece of clothing feels a bit scratchy, but they can still join in and enjoy what's happening around them.

For other children, the sensory information coming in can feel confusing, overwhelming, unpredictable, or even painful. Their sensory experiences are often much more intense which can lead to meltdowns, aggression, lack of concentration or what looks like defiance when in reality they are struggling to cope. If this sounds like your child and you'd like to find out more about how senses can impact behaviour, emotions and learning, our next webinar is the right place for you. This webinar will help you understand another piece of the puzzle that contributes to your child's behaviour and give you practical tools to use straight away.

To help you answer these questions, our next session will be focusing on:

- The different sensory systems and how they shape your child's daily experiences
- Sensory seeking and sensory avoidant behaviours - what they look like and why they happen
- The difference between sensory needs and preferences and why this distinction matters
- Everyday, realistic strategies to support regulation, reduce overwhelm, and help your child feel safe, supported and able to enjoy activities.

This webinar will be delivered by Marijana Filipovic-Carter, Head of Family Support and Sensory Needs Practitioner from Move-More. You'll leave with a clearer understanding of your child's sensory world and a toolkit of simple, effective approaches you can use at home, in school, and out in the community.

How do you sign up for the online session?

To register for this online session, please follow this link:

<https://www.move-more.org/events/parent-webinar-sensory-needs-and-behaviours/>

It will take you to our website where you will be asked to answer a few simple questions. We would encourage you to register even though you might not be able to attend the session live, as all registered participants will receive a recording of the session to watch in their own time.

I've signed up: what happens next?

Once you complete our short registration form, you will be registered for the online session. You will automatically receive an invitation for the zoom session. If you don't hear from us by the 27th of April, don't hesitate to contact Marijana on marijana@move-more.org. Please make sure you check your junk/spam folders.