



## Whole School PHSCE Curriculum

Class	Year A	Year B
<b>Holly Berries</b>	<p>Living in the Wider World: Britain</p> <p>Health and Wellbeing: It's My Body</p> <p>Relationships: Be Yourself</p> <p>Health and Wellbeing: Aiming High</p> <p>Relationships: TEAM</p> <p>Living in the Wider World: Money Matters</p>	<p>Health and Wellbeing: Think Positive</p> <p>Relationships: Growing Up</p> <p>Living in the Wider World: One World</p> <p>Health and Wellbeing: Safety First</p> <p>Relationships: VIP's</p> <p>Living in the Wider World: Respecting Rights</p>
<b>National Curriculum Science Links</b>	<p><b>Year 1</b></p> <ul style="list-style-type: none"> <li>Identify, name, draw and label the basic parts of the human body and say which part is associated with each sense.</li> </ul> <p><b>Year 2</b></p> <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>Notice that animals, including humans, have offspring which grow into adults.</li> <li>Find out about and describe the basic needs of animals, including humans, for survival (water, food and air).</li> <li>Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.</li> </ul>	
<b>National Curriculum PE Links</b>	<p><b>Aims:</b></p> <ul style="list-style-type: none"> <li>Lead healthy, active lifestyles.</li> <li>Develop an understanding of how to improve in different physical activities.</li> <li>To evaluate and recognise their own successes.</li> <li>Compare their performances with previous ones and demonstrate improvement.</li> </ul>	
<b>National Curriculum Links DT</b>	<p><b>Aims:</b></p> <ul style="list-style-type: none"> <li>To apply the principles of nutrition and healthy eating.</li> <li>To understand and apply the principles of a healthy and varied diet.</li> </ul>	

<b>Chestnut</b>	<p>Living in the Wider World: Money Matters</p> <p>Health and Wellbeing: Aiming High</p> <p>Relationships: Be Yourself</p> <p>Relationships: TEAM</p> <p>Health and Wellbeing: It's My Body</p> <p>Living in the Wider World: Britain</p> <p>Health and Wellbeing: Safety First</p>	<p>Relationships: Growing Up</p> <p>One World: Chiwa and Kwende</p> <p>Relationships: VIP's</p> <p>Health and Wellbeing: Safety First</p> <p>Living in the Wider World: Respecting Rights</p> <p>Health and Wellbeing: Think Positive</p>
<b>National Curriculum Science Links</b>	<p><b>Year 3</b> Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat.</li> <li>Identify that humans and some other animals have skeletons and muscles for support, protection and movement.</li> </ul> <p><b>Year 4</b> Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>Describe the simple functions of the basic parts of the digestive system in humans.</li> <li>Identify the different types of teeth in humans and their simple functions.</li> <li>Construct and interpret a variety of food chains, identifying producers, predators and prey.</li> </ul>	
<b>National Curriculum PE Links</b>	<p><b>Aims:</b></p> <ul style="list-style-type: none"> <li>Lead healthy, active lifestyles.</li> <li>Develop an understanding of how to improve in different physical activities.</li> <li>To evaluate and recognise their own successes.</li> <li>Compare their performances with previous ones and demonstrate improvement.</li> </ul>	
<b>National Curriculum Links DT</b>	<p><b>Aims:</b></p> <ul style="list-style-type: none"> <li>To apply the principles of nutrition and healthy eating.</li> <li>To understand and apply the principles of a healthy and varied diet.</li> </ul>	

<b>Maple</b>	Living in the Wider World: Money Matters Health and Wellbeing: Aiming High Relationships: Be Yourself Health and Wellbeing: It's My Body Relationships: TEAM Living in the Wider World: Britain	Relationships: Growing Up Relationships: VIP's Health and Wellbeing: Safety First Living in the Wider World: Respecting Rights Living in the Wider World: One World Health and Wellbeing: Think Positive
	Each year the children in Year 5 access a unit of work on personal hygiene and puberty. The children in Year 6 access a unit of work of relationships and sex education, including sessions on puberty.	
<b>National Curriculum Science Links</b>	Year 5 Pupils should be taught to: <ul style="list-style-type: none"> <li>Describe the life process of reproduction in some plants and animals.</li> <li>Describe the changes as humans develop into old age.</li> </ul> Year 6 Pupils should be taught to: <ul style="list-style-type: none"> <li>Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function.</li> </ul>	

### Resources to supplement the specified units:

<https://www.ghll.org.uk/> (The Pink Curriculum)

<https://facts4life.org/> (Facts 4 Life)

<https://www.twinkl.co.uk/> (Twinkl)

