



# CINDERFORD RFC



## RUGBY SUMMER CAMPS

Coached by up and coming rugby players & Coaches

### **1 Day Camp (U6-U8)**

When: 26<sup>th</sup> July -30<sup>th</sup> August (Every Tuesday)

Time: 9am-1pm

Where: Cinderford RFC

### **1 Day Camp (U9-U13)**

When: 27<sup>th</sup> July -31<sup>st</sup> August (Every Wednesday)

Time: 9am-1pm

Where: Cinderford RFC

### **1 Day Camp (U13-U16)**

When: 30<sup>th</sup> & 31<sup>st</sup> August

Time: 9am-1pm

Where: Cinderford RFC

For Boys & Girls

**£15.00** per session / per player  
Or **£25.00** for 2 sessions booked.

The 1 Day programme, we will look at:-

- Decision Making
- Passing, Kicking, Running
- Agility and Sprinting
- Attack & Defence
- Packed Lunch and Drinks required

**BOOK NOW** limited spaces available (20 per session)

To book please email [events.crfc@hotmail.com](mailto:events.crfc@hotmail.com)

Cinderford RFC

The Beavis Memorial Ground, Dockham Road, Cinderford, Gloucestershire, GL14 2AQ

Email: [events.crfc@hotmail.com](mailto:events.crfc@hotmail.com)

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