

RHSE Overview – The PiNK Curriculum and SWGfL Digital Literacy & Citizen Resources

	Year	Autumn	Spring	Summer
Holly Leaves	A	All About Me Children will learn about: <ul style="list-style-type: none"> Valuing their bodies and capabilities Knowing what makes each of us unique and special Brushing teeth Hygiene Being aware of body needs e.g. water, sleep, exercise etc.. Introduce correct names for body parts 	Keeping Safe, People Who Help Us Children will learn about: <ul style="list-style-type: none"> Fire safety Road safety Sun smart Safe use of medicines and other substances Taking responsibility for themselves Know what adults are responsible for 	Friends and Kindness Children will learn about: <ul style="list-style-type: none"> Protective behaviours (understanding what makes you and others feel happy or sad) Identifying kindness Online Safety Children will learn about: <ul style="list-style-type: none"> Rules to stay safe online Finding things on the internet Keeping personal information private Sending emails safely
	B	All About Me Children will learn about: <ul style="list-style-type: none"> Valuing their bodies and capabilities Knowing what makes each of us unique and special Brushing teeth Hygiene Being aware of body needs e.g. water, sleep, exercise etc.. Introduce correct names for body parts 	Keeping Safe, People Who Help Us Children will learn about: <ul style="list-style-type: none"> Fire safety Road safety Sun smart Safe use of medicines and other substances Taking responsibility for themselves Know what adults are responsible for 	Friends and Kindness Children will learn about: <ul style="list-style-type: none"> Protective behaviours (understanding what makes you and others feel happy or sad) Identifying kindness Online Safety Children will learn about: <ul style="list-style-type: none"> Rules to stay safe online Finding things on the internet Keeping personal information private Sending emails safely

	Year	Autumn	Spring	Summer
Holly Berries	A	All About Me Children will learn about: Yr.2 Growing Up <ul style="list-style-type: none"> The changes that have taken place since being a baby Some of the changes that take place as a baby grows into an adult That humans produce babies that grow into children and then into adults. The main external parts of the bodies of humans including agreed names for sexual parts Yr.1 Being Yourself <ul style="list-style-type: none"> What makes each of us unique and special Resilience Personal responsibility Illness, wellness and balance Positive coping strategies 	Friends and Family Children will learn about: Yr.2 VIPs <ul style="list-style-type: none"> Different relationships The responsibilities that parents have for babies and children Making and keeping friends Protective behaviours (understanding what makes you and others feel happy or sad) Yr.1 It's My Body <ul style="list-style-type: none"> Positive touch activities: <ul style="list-style-type: none"> ❖ the need to seek permission when we touch someone else; ❖ the need to be respectful of a person's personal boundaries. Hygiene Diet and exercise Yr.2 Safety First Lesson 5 <ul style="list-style-type: none"> The underwear rule (PANTS) Also link to an NSPCC visit.	Online Safety Children will learn about: <ul style="list-style-type: none"> Rules to stay safe online Finding things on the internet Keeping personal information private Sending emails safely
		Citizenship and British Values Children will learn about: <ul style="list-style-type: none"> Contributing to the wider life of the classroom and the school Group and class rules and understand how these rules help them Yr.2 Respecting Rights <ul style="list-style-type: none"> Rights and responsibilities 		Financial Capability Children will learn about: Yr.1 Money Matters <ul style="list-style-type: none"> Monetary value and the notion of saving up for a purchase.

	B	<p>Keeping Safe, People Who help Us</p> <p>Children will learn about:</p> <p>Yr.2 Safety First</p> <ul style="list-style-type: none"> Road safety Personal safety Stranger danger Sun smart <p>Yr.2 Think Positive</p> <ul style="list-style-type: none"> Recognise that our feeling can affect how we behave Identify where we can go when we need to feel safe Identify who we can talk to about our feelings <i>Drugs and their uses (medicines are drugs that are intended to help us)</i> <p>Citizenship and British Values</p> <p>Children will learn about:</p> <p>Yr.1 Britain</p> <ul style="list-style-type: none"> Group and class rules and understand how these rules help them Belonging to various groups and communities such as family and school What improves and harms their local environment and about some of the ways that people look after them. 	<p>Kindness and Anti-Bullying</p> <p>Children will learn about:</p> <p>Yr.1 TEAM</p> <ul style="list-style-type: none"> Different types of unkind behaviour The difference between isolated incidents of unkind behaviour and bullying Identifying acts of kindness Exploring how kindness benefits all involved. <p>Because part of our school intent is to raise aspirations, Yr.1 Aiming High is a really good unit to incorporate.</p>	<p>Media Influence</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> <i>Reacting to events on TV e.g. terrorism, racism, inappropriate behaviour of role models</i> <i>Advertising e.g. influence, gender bias, distortion</i> <p>Online Safety</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> Choosing appropriate websites Digital footprints <p>KS1 Cyberbullying Lesson</p> <ul style="list-style-type: none"> Cyber-bullying <p>Social Issues</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> <i>Issues of interest/relevance to their local area</i>
--	---	--	---	--

	Year	Autumn	Spring	Summer
Chestnut	A	Citizenship and British Values Children will learn about: Yr.3 Britain Yr.4 Respecting Rights <ul style="list-style-type: none"> Why different rules are needed in different situations and how to take part in making them Human rights and that children have their own special rights set out in the United Nations Declaration of the Rights of the Child Different kinds of responsibilities, rights and duties at home and at school 	Personal Responsibility Children will learn about: Yr.3 Be Yourself <ul style="list-style-type: none"> What is special about me? My thoughts, my feelings Recognising how these feelings can impact on our behaviour Managing feelings Self worth Yr.3 It's My Body <ul style="list-style-type: none"> What affects our energy levels and how we feel Hygiene Diet, exercise and sleep Also, from Keeping Safe at home and outside: <ul style="list-style-type: none"> Alcohol and tobacco Drugs and their uses, including medical drugs Effects and risks of drugs Children learn that drug use is a minority activity Yr.4 Think Positive <ul style="list-style-type: none"> Resilience Illness, well-being and balance Anxiety – triggers, positive strategies for coping <ul style="list-style-type: none"> <i>Bereavement (of pets)</i> 	Online Safety Children will learn about: <ul style="list-style-type: none"> Passwords Connecting with people through the internet in a safe way Persuasive advertising on the internet Respect for others when online Sending emails
		Keeping Safe at Home, Keeping Safe Outside Children will learn about: <ul style="list-style-type: none"> <i>Recognise that our feelings can affect the way that we behave</i> <i>Identify where we can go when we need to feel safe</i> <i>Identify who we can talk to about our feelings</i> <i>Stay smart</i> 	Kindness and Anti-Bullying Children will learn about: Yr. 4 VIPs + LKS2 Anti-bullying lesson <ul style="list-style-type: none"> The difference between isolated incidents of unkind behaviour and bullying Recognise that bullying behaviour is not the norm (most of the time, most children are not bullied and are not bullies) Identifying acts of kindness Exploring how kindness benefits all involved.	Financial Capability Children will learn about: Yr.3 Money Matters <ul style="list-style-type: none"> Monetary value and the notion of saving up for a purchase Different sources of income Different forms of money and payment

				Media Influence Children will learn about: <ul style="list-style-type: none"> Reacting to events in TV e.g. terrorism, racism, inappropriate behaviour of role models Advertising e.g. influence, bias, distortion
	B	Citizenship and British Values Children will learn about: Yr.4 One World <ul style="list-style-type: none"> Being part of a community and understand that they belong to different groups The lives of people living in different places, and people with different values and customs What improves and harms their local and natural environments and about some of the ways that people look after them. 	Friends and Family Children will learn about: <ul style="list-style-type: none"> Change in relationships with parents and friends Different types of love The need for trust and love in marriage and established relationships The responsibilities that parents have for babies and children Yr.3 It's My Body <ul style="list-style-type: none"> Positive touch activities: <ul style="list-style-type: none"> ❖ the need to seek permission when we touch someone else; ❖ the need to be respectful of a person's personal boundaries. 	Online Safety Children will learn about: <ul style="list-style-type: none"> Being a good digital citizen – respect when online Sharing information online – private and personal information Cyber-bullying and the effects of this
		Growing Up Children will learn about: Yr.4 Growing Up <ul style="list-style-type: none"> Some of the physical changes that will happen as they get older 		Social Issues Children will learn about: <ul style="list-style-type: none"> Issues of interest/relevance to their locality

Additional units

	Year	Autumn	Spring	Summer
Maple	A	Citizenship and British Values Children will learn about: <ul style="list-style-type: none"> • Topical issues, problems and events (including the global environment) and how to take part in debates • Rules and laws that protect themselves and others and how they are made and changed • Rights in relation to the law • Different kinds of responsibilities, rights and duties within the community Yr.6 Respecting Rights	Keeping Safe at Home, Keeping Safe Outside Children will learn about: <ul style="list-style-type: none"> • Legal and illegal drugs • Drugs and the law • Effects and risks of drugs • E-cigarettes • Drug use as a minority activity • Drug use in young people decreasing • Different types of risks, including positive risks • Hazards in the home e.g. electrical appliances, sharp objects etc... • Emergency aid • Public transport • Hazards in the community e.g. farm machinery etc... Life Bus and yr.6 SkillZone visit. Much of this is also addressed in science What would a journey through your circulatory system look like?	Online Safety Children will learn about: <ul style="list-style-type: none"> • Creating secure passwords to protect private information • How to be a good digital citizen • What is 'spam'? • How photos can be digitally altered to distort our perceptions of health and beauty
		Friends and Family Children will learn about: <ul style="list-style-type: none"> • Friends • Changes in relationships with friends/parents • Protective behaviours • Assertiveness (self-assured and confident without being aggressive) Yr.5 TEAM	Growing Up Children will learn about: <ul style="list-style-type: none"> • puberty/body changes • physical changes that take place at puberty, why they happen and how to manage them • name and describe the functions of the sexual organs of boys and girls • describe some internal differences between males and females 	Financial Capability Children will learn about: <ul style="list-style-type: none"> • monetary value and the notion of saving up for a purchase • different sources of income • different forms of money and payment • managing a budget • enterprise opportunities. Yr. 5 Money Matters

			<ul style="list-style-type: none"> • about the facts of the human lifecycle, including sexual intercourse • The need for love and trust in marriage and established relationships • Positive touch activities: <ul style="list-style-type: none"> ❖ the need to seek permission when we touch someone else; ❖ the need to be respectful of a person's personal boundaries. <p>Yr.6 Growing up/SRE every year. – see science plan</p>	
	B	<p>Citizenship and British Values</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> • The range of national, regional, religious and ethnic identities in the United kingdom • Resolving differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices • The role of voluntary and community groups <p>Yr.5 Britain</p>	<p>Personal Responsibility</p> <p>Children will learn about:</p> <p>Yr.5 Be Yourself</p> <ul style="list-style-type: none"> • Managing feelings • Self worth • Anxiety - triggers, positive strategies for coping • Resilience <p>Yr.6 Think Positive</p> <ul style="list-style-type: none"> • Self-harm • Diet, exercise and sleep • Illness, well being and balance • Bereavement <p>Yr.5 Aiming High – our school intent is to raise aspirations.</p>	<p>Media Influence</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> • How events on TV are portrayed e.g. terrorism, racism, inappropriate behaviour of role models • Advertising e.g. influence, bias, distortion • Media influence • Body image
		<p>Kindness and Anti-Bullying</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> • Peer pressure • Different types of unkind behaviour and bullying 		<p>Social Issues</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> • Issues of interest/relevance to their locality. <p>Yr.6 One World</p>

		(emotional, verbal, physical, cyber, sexual, homophobic, racial, cultural) <ul style="list-style-type: none"> • Identifying acts of kindness • Exploring how kindness benefits all involved. 		Online Safety Children will learn about: <ul style="list-style-type: none"> • Talking safely online • How to be a good digital citizen • Privacy rules • Cyber-bullying – UKS2 one off • Stereotypes online
--	--	--	--	--

Anti-bullying week ~ see UKS2 lessons

Additional Units