		Monday	Tuesday	Wednesday	Thursday	Friday	Added Plant Power
Week 1 05/09/2022 26/09/2022 17/10/2022 14/11/2022 05/12/2022	Option 1	Tomato & Vegetable Pasta	Beefburger in Bun with wedges	Roast Gammon, Roast Potatoes & Gravy	Chicken Korma with Rice	Fishfingers with Chips & Tomato sauce	Vegan  Wholemeal
	Option 2	Cheese and Tomato Pinwheel	Moroccan Vegan Balls And Rice	Vegetable Wellington with Roast Potatoes & Gravy	Broccoli and Cheese Pasta	Vegan Mexican sausage Roll with Chips	
	Option 3	Jacket potato with cheese	Tomato Soup with Veg sausage Baguette	Tuna and Chickpea Pasta	Vegetable Soup and Cheese Baguette	Jacket Potato with beans	Available Daily:
	Vegetables	Green Beans Sweetcorn	Peas Carrots	Cauliflower Savoy Cabbage	Green Beans Carrots	Baked Beans Peas	
	Dessert	Carrot Cake with custard	Orange and cinnamon cookie	Raspberry Jelly and Mandarins	Apple flapjack	Rasin Shortbread	- Bread freshly baked on site daily
		Or a choice of Yoghurt & Fresh Fruit available daily					- Daily salad selection
Week 2 12/09/2022 03/10/2022 31/10/2022 21/11/2022 12/12/2022	Option 1	Sweet Potato & Vegetable Curry with Rice	Beef Meatballs with Mash and Gravy	Roast Chicken, Roast Potatoes, stuffing & Gravy	Beef Lasagne with Garlic Bread	Fishfingers with Chips and Tomato Sauce	
	Option 2	Macaroni Cheese	Vegan Pasta Bolognaise	Roast Quorn, Roast Potatoes, Stuffing & Gravy	Southern Style Vegan Burger in a bun with Wedges	Cheese & bean Pasty with Chips	ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you
	Option 3	Tomato Soup with Spiced Bean Burger in a Bun	Jacket Potato with Cheese	Tomato & Lentil and Cheese Pasta	Vegetable Soup and Ham Baguette	Jacket Potato with beans	
	Vegetables	Sweetcorn Peas	Green Beans Carrots	Savoy Cabbage Cauliflower	Green beans Carrots	Baked Beans Peas	
	Dessert	Apple and Berry Cake with custard	Lemon Drizzle Cake	Vanilla Shortbread	Chocolate and beetroot Brownie and Chocolate sauce	Iced Vanilla Sponge	
		Or a choice of Yoghurt & Fresh Fruit available daily					will be asked to complete a form
to ensure we have the necessary							
Week 3 19/09/2022 10/10/2022 07/11/2022 28/11/2022	Option 1	Cheese & Tomato Pizza And Wedges	Pork Sausages mashed Potato and Gravy	Roast Turkey, Roast Potatoes & Gravy	Chicken and Pasta Bake	Breaded Fish with Chips & Tomato Sauce	information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross
	Option 2	Falafel with herb rice 🔷	Vegetable enchiladas with Rice	Lentil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausages mash and Gravy	BBQ Quorn with Chips	
	Option 3	Tomato Soup with vegan Ball Baguette	Jacket Potato with Cheese	Tomato Arrabiata and Butterbean Pasta	Vegetable Soup and a Cheese Baguette	Jacket Potato with Baked beans	
	Vegetables	Peas sweetcorn	Carrots Green Beans	Cauliflower Savoy Cabbage	Sweetcorn Carrots	Baked Beans Peas	
	Dessert	Lemon and mixed berry Cake with custard	Chocolate Shortbread	Raspberry Jelly and Mandarins	Pineapple cake with Custard	Apple, Cheese and Crackers	contamination.