

KIRF: Recall and convert between different units of time

Pupils should know the following facts. The aim is for pupils to be able to recall these facts instantly.



Learn these facts of by heart

There are 60 seconds in a minute.
There are 60 minutes in an hour.
There are 24 hours in a day.
There are 7 days in a week.
There are 12 months in a year.
There are 365 days in a year.
There are 366 days in a leap year.

Number of days in each month

| | | | |
|----------|-------|-----------|----|
| January | 31 | July | 31 |
| February | 28/29 | August | 31 |
| March | 31 | September | 30 |
| April | 30 | October | 31 |
| May | 31 | November | 30 |
| June | 30 | December | 31 |

Questions to ask at home

How many days are in **one** year?
How many days are in **a** leap year?
What day comes before **February** 1st?
What day comes after **March** 31st?

Key vocabulary

There are 24 **hours** in a **day**
In a **leap** year there is an **extra** day in **February**.
There are 60 **minutes** in an **hour** and 120 **minutes** in **two** **hours**.

Things to try

Learn the rhyme:

30 days have **September**,
April, **June** and
November. All the rest
have **31**.

Excepting **February** which
has **28** days clear and **29**
each leap year.

Use your knuckles:

