

Littledean Church of England Primary School

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Loving one another, building each other up

4th July 2025

Dear parents,

As part of our year 3&4 PSHCE scheme of work, we will be teaching about puberty during the last week of term (week beginning 14th July).

The learning outcomes of the lesson are:

Children will be able to:

- Recognise that babies come from the joining of an egg and sperm;
- Explain what happens when an egg doesn't meet a sperm;
- Understand that for girls, periods are a normal part of puberty.

We will use vocabulary including:

- Penis, vagina, egg, sperm, ovaries, womb, uterus, testicles

We will be focusing on:

- Babies being made from an egg from a female and sperm from a male
- Bodily changes as both boys and girls reach puberty including Girls: breasts develop, hips widen, periods start, get taller, get bigger, may get spots, greasy hair, more body hair, genitals mature. Boys: get taller, get bigger, may get spots, greasy hair, have more body hair including facial hair, the voice deepens, genitals mature.
- Periods including the internal organs e.g. fallopian tube, ovary, uterus

All materials we use are designed for 7-9 year olds and appropriate to the age and emotional maturity of our pupils. Children will have the opportunity to ask questions which will be dealt with in a frank and honest manner using the correct scientific vocabulary. You may find your child asks you questions about some of the things they have discussed in class.

If you feel you would like to discuss this unit of work prior to 14th July, please contact the school to make an appointment with Mrs Walters or Mrs McGoldrick.

Many thanks,

Mrs Walters

Head Teacher: Mrs Hayley McGoldrick