



Nature Nurtures

Free nature sessions in the Forest of Dean



Join our FREE sessions, running for 8 weeks in The Forest of Dean.
The sessions are designed to get children struggling with their mental health, learning about nature and building confidence.

Contact Katie at Gloucestershire Wildlife Trust to find out more and sign up: katie.hall@gloucestershiREWildlifeTrust.co.uk

Ages 5 - 11

Wednesdays
10-11:30am

3rd February - 24th
March 2026

For children not currently
attending mainstream schooling

Ages 5 - 9

Saturdays
10-11:30am

7th February - 28th
March 2026

Ages 10 - 15

Saturdays
1-3pm

7th February - 28th
March 2026



Thank you to the NHS, our local community and business for making this project possible.



Gloucestershire