

Name .....

Date .....

VALUE: **TRUTHFULNESS**  
MY REFLECTION  
JOURNAL

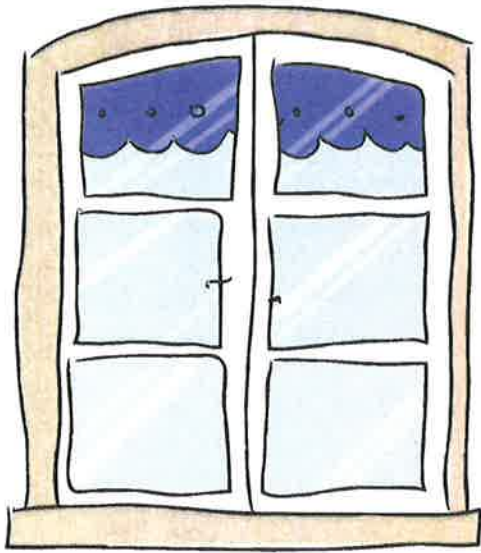
Sit comfortably on the carpet.  
Be as still as you can.  
As you look into the candle flame,  
reflect on what you have learnt about **truthfulness**.  
Choose one thing and write your thoughts  
around the picture of the candle above.



Can you remember any stories from the Bible that demonstrate the value of Truthfulness?

Do you know any other stories to do with the value of Truthfulness?

# WINDOW

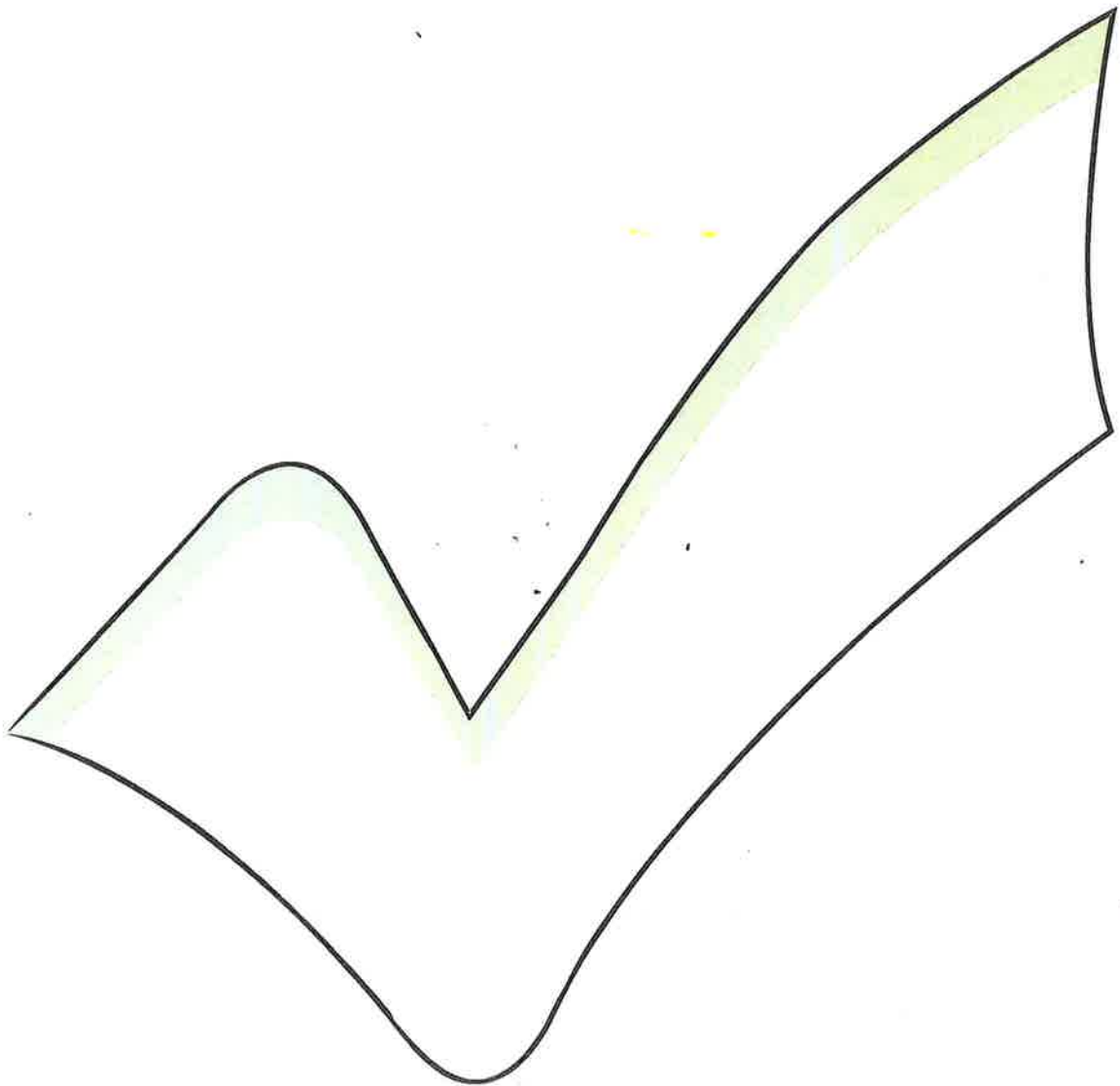


## Looking out ...

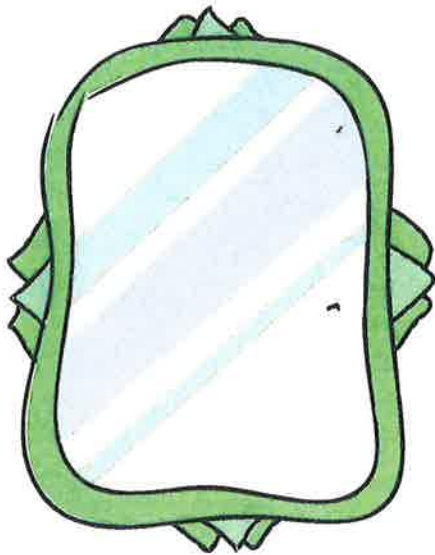
Is it important to you that people tell you the **truth**? Why is this?

Which people do you know who can be relied on to always tell you the **truth**?

Write the names of 2 of these people in the tick shape.



# MIRROR

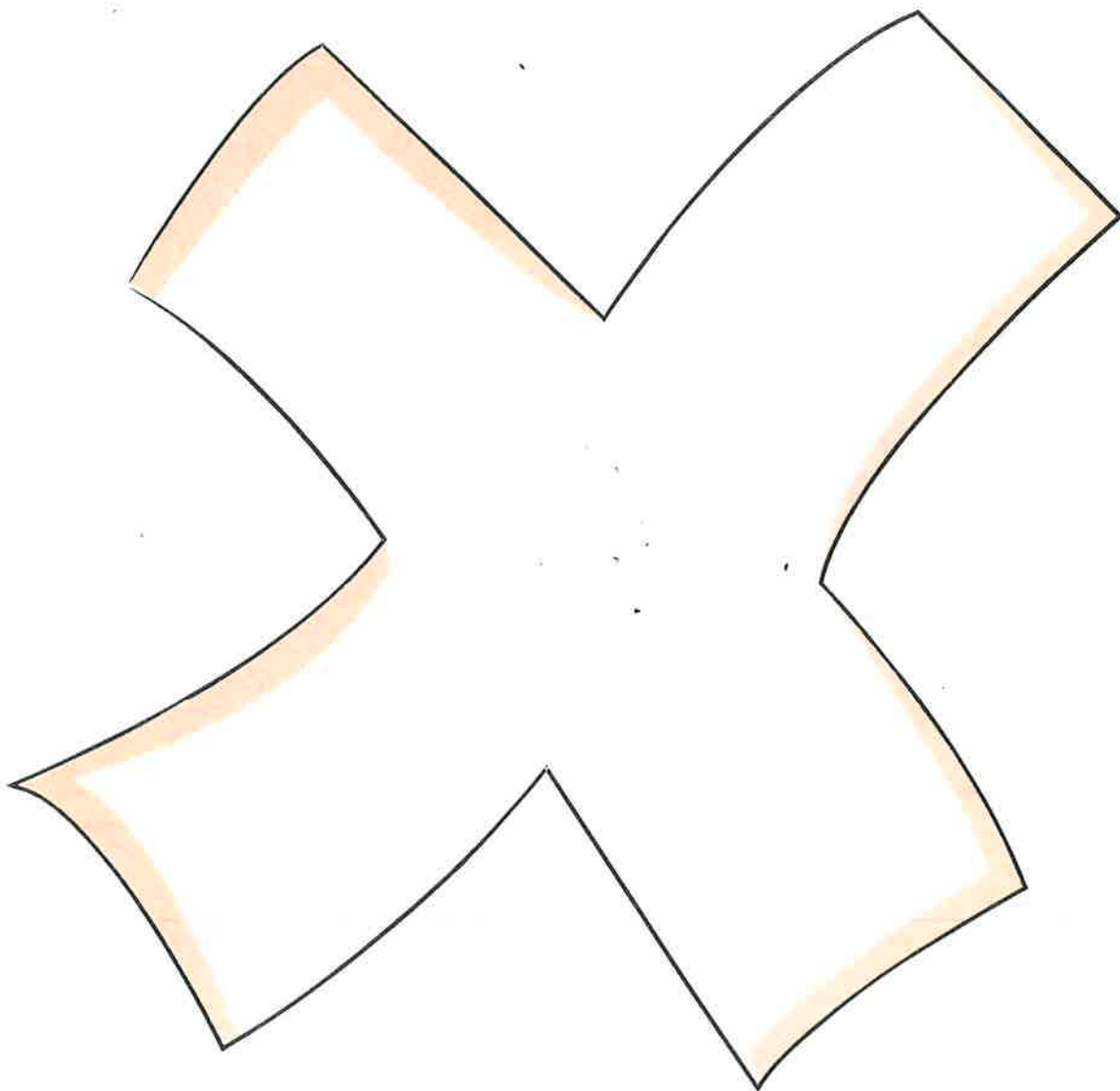


## Looking in ...

Think of a time when you haven't told the **truth** about something.

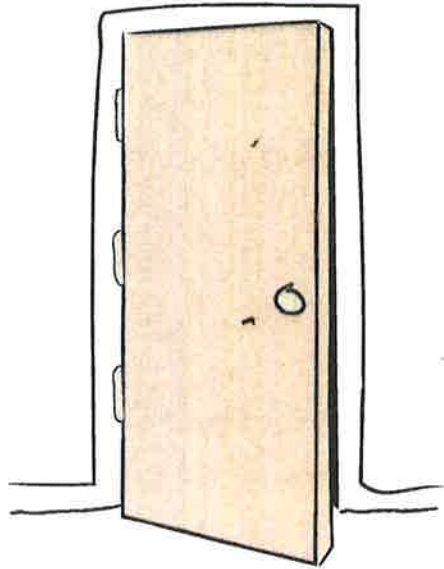
How did it make you feel?

Write 4 words to describe your feelings in the cross.





# DOOR



## Looking ahead ...

Sometimes telling the **truth** can be a challenge, but in the end it's always worth it.

Write in the tick shape, why this is so.

It is always better to tell the **truth** because .....

