

# Webster Stratton - ONLINE - January 2021

## **Webster Stratton - The Incredible Years Programme - NO CRECHE**

Parenting children of any age can be a difficult time for both parents and children.

For children between the ages of 2-8 years it can be especially challenging as they are beginning to learn the difference between real and make believe and independence and needing security and affection.

This is also the time when children test the limits of their boundaries often pushing their parents to the edge of their patience.

Starting pre-school or school settings there are new boundaries and rules to follow as well as new adults and children to make relationships with.

As children experience these new rules and regulations they can become confused, frustrated at not getting their own way, destructive and sometimes even aggressive. 70% of toddlers experience at least 1 temper tantrum a day!

For parents these reactions and behaviours are often surprising and sometimes difficult to handle.

The Incredible Years Programme is a guide to help parents to sort out, troubleshoot and help to support young children and to set the stage for sensitive, nurturing and competent parenting that promotes positive social behaviours in children as well as enhance self-esteem.

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**All bookings must be made by contacting Family Information Service**

01452 427362

[familyinfo@gloucestershire.gov.uk](mailto:familyinfo@gloucestershire.gov.uk)

or by contacting Suzanne Webb

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